

# ECOCOM Newsletter #1



Co-funded by the  
Erasmus+ Programme  
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**“Encouraging students to pursue  
grassroot sports activities outdoor  
in an Eco-friendly manner”**

Erasmus+ Sport Collaborative  
Partnership Project  
612931-EPP-1-2019-1-TR-SPO-  
SCP



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## 01 The project

The project aims to provide a framework and training materials for sport teachers and trainers that will enable them to conduct trainings with youngsters at school (aged 7-16 years old) and in sport clubs on implementing sports activities that embrace the nature as an entity to be respected from an ecological point of view, thus reducing and avoiding any impact on the nature from exercising sports activities.



## 02 The goals

- Raise the number of young people who pursue sports activities outdoors
- Raise the knowledge in terms of differentiation between types of sport and sports equipment
- Increase the individual, spontaneous activities without proper training
- Promote and further develop forms of sport which are compatible with nature and the environment
- make sports-related infrastructure more environmentally compatible
- reduce damage to vulnerable areas



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## 03 The way

- Development of a “Train the trainer” guidebook for sport teachers and trainers that focuses on how to organise and conduct environmental grassroot sport activities
- Development of a handbook “How to pursue sports activities outdoor in an Eco-friendly manner”
- Development of a multilingual mobile app integrated with an online informative community portal with instructive educational training videos



ECOCOM Website



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