

# ECOCOM Newsletter #4

May 2022

**“Encouraging students to pursue grassroots sports activities outdoor in an Eco-friendly manner”**

Erasmus+ Sport Collaborative Partnership Project  
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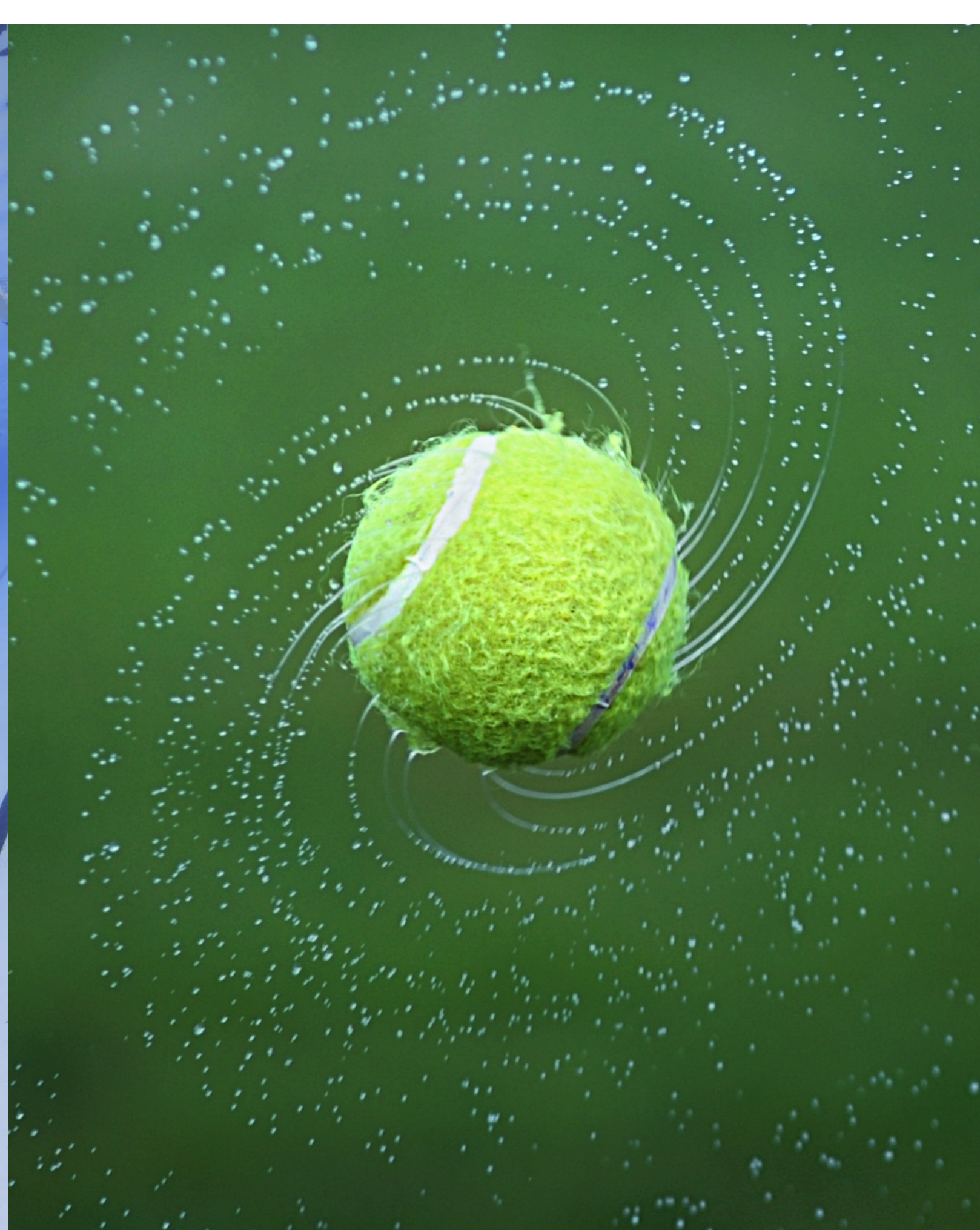
## Handbooks IO1 and IO2 published!



### 01 Archery

Archery is a very old sport with lots of tradition behind. It has survived until today. How to keep it and other sports activities an ecofriendly sport, check out in our handbook "how to pursue sports activities outdoors in an eco-friendly manner" for youngsters.

[Click here>](#)



### 02 Sport and Climate Change

Climate change is a shift in the planet's weather and temperature which is greatly affected by pollution and greenhouse gas. Check out how climate change affects sports and also conduct a self-check on sport sustainability.

[Click here>](#)



### 03 Plogging

Plogging is a sports trend from Sweden combining Jogging with waste collection. Due to the mix of squatting to collect the rubbish and the endurance sport jogging it offers a diversified training. In our new guidebook for trainers "Train the trainer" you can find many ideas to connect training with environmentally friendly practices and ideas how to raise awareness for more sustainable sports.

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ZAVOD ANTONA MARTINA SLOMŠKA



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